

ADULT OPEN COMPETITION " The Mountain Cup "
May 17-19, 2002, Villard-de-Lans, France

Dear Adult Skater,

We are pleased to send you this announcement of an Adult Open Competition, called " The Mountain Cup ", to be held at Villard-de-Lans, France, 17-19 May 2002. The competition is organized by GLISS'XS as an interclub competition according to the rules of the French Figure Skating Federation FFSG ("Federation Francaise des Sports de Glace").

The first "Mountain Cup" competition was held in Villard-de-Lans on 29-30 May 1999 with 94 participants from 8 countries (Australia, Belgium, Canada, Ecuador, France, Germany, Great Britain, and the USA). The second "Mountain Cup" took place from 19 to 21 May 2000 with 71 participants from 10 countries (Belgium, Canada, Ecuador, Estonia, France, Germany, Great Britain, Singapore, Switzerland and the USA). The third edition was held from 1 to 3 June 2001 with 68 participants from 8 countries.

Set forth below is supplementary information on the competition site, the region, accommodation, travel, payment, etc.

To overcome the jet lag we would recommend skaters coming from the US, Canada and Australia to arrive at Villard some days prior to the competition.

Location:

Villard-de-Lans is located at an altitude of 1000 m (3300 ft.) in the center of the Vercors, an immense Natural Park surrounded by mountains. The weather in May/June can be fairly varied, with average temperatures of about 20°C (68 F). The temperature inside the Villard ice-rink will be about 7°C (45 F).

Travel:

120 km from Lyon airport; there is a shuttle bus service between Lyon-Saint Exupéry airport and Grenoble bus station by the company Faure, called "Navette". The bus stop is situated between Terminals 1 and 2, on level 1. The price for a one-way ticket is 130 FF, a round-trip costs 198 FF (prices will only be given in EURO on 1/1/2002). Schedule will follow nearer to the competition date.

30 km by car/coach from Grenoble railway/bus station, for those who will come by TGV (= high speed train) from Paris. Local bus service between Grenoble and Villard by the company VFD. The price for a one-way ticket is 45 FF, a round-trip costs 90 FF plus 8 FF for each piece of baggage (prices will only be given in EURO on 1/1/2002). Schedule will follow nearer to the competition date.

Car rental:

On Lyon airport :

- Avis, Tel.++33(0)4 72 22 75 25, Fax:++33(0)4 72 22 71 82
 - Hertz, Tel.++33(0)4 72 22 74 50, Fax:++33(0)4 72 22 74 62
 - Europcar, Tel.++33(0)4 72 22 75 28, Fax:++33(0)4 72 22 75 18
- (when dialing from outside France, please drop the " 0 ")

In Grenoble, the following car rental agencies are opposite to the railway station:

- Avis, Tel.++33(0)4 76 47 11 33, Fax:++33(0)4 76 87 86 78 (in the station)

If you plan to rent a car for a week, please mention a special rate called "forfaits loisirs" which is cheaper than the normal rate !

- Hertz, Tel.++33(0)4 76 86 55 80, Fax:++33(0)4 76 47 96 08

- Self Car, Tel.++33(0)4 76 50 96 96, Fax:++33(0)4 76 87 37 54

Hotels: Below we recommend some hotels in different price categories.

3-star hotels:

Le Dauphin, opposite the Villard ice-rink. English spoken,

Tel.++33(0)4 76 95 95 25, Fax:++33(0)4 76 95 56 33, e-mail: hotdau@aol.com

Webpage: <http://www.planete-vercors.com/le-dauphin>

Price for a single room: 45,75 EURO, double room: 53,35 EURO,

breakfast: 6,85 EURO (special rates: please mention that you are a competitor in the "Mountain Cup")

Grand Hotel de Paris, " Best Western ". English spoken,

Tel.++33(0)4 76 95 10 06, Fax:++33(0)4 76 95 10 02,

e-mail: ghp@ghp-vercors.com

Webpage: <http://www.ghp-vercors.com>

Price for a single room: 53 EURO, double room: 61 EURO, breakfast: 10 EURO

Le Christiania, Tel.++33(0)4 76 95 12 51, Fax:++33 (0)4 76 95 00 75,

English spoken, e-mail : lechristiania@planete-vercors.com

Webpage: <http://www.planete-vercors.com/le-christiania>

Please contact the hotel at the end of January 2002 to get their tariffs which had not been fixed in December 2001. Sorry for the inconvenience.

2-star hotels:

Les Bruyères, Tel.++33(0)4 76 95 11 83, Fax:++33 (0)4 76 95 58 76,

English spoken, e-mail: hotelbruyeres@post.club-internet.fr

Price for a single room: 44,25 EURO, double room: 49 EURO, breakfast: 6 EURO

Le Gerbier, Tel.++33(0)4 76 95 10 50, Fax:++33(0)4 76 94 91 27,

e-mail: billbocque@aol.com, English spoken

Price for a double room: 38-41 EURO, breakfast: 6,10 EURO

Hotel Georges, Tel.++33(0)4 76 95 11 75, Fax:++33(0)4 76 95 92 66

Price for a double room: 43 EURO, breakfast: 6,85 EURO

1-star hotel:

Le Centre, Tel.++33(0)4 76 95 14 12, Fax: +33(0)4 76 94 14 63

Price for a single room: 25 EURO, double room: 33 EURO, breakfast: 5,35 EURO.

Apartments :

There is a possibility to rent apartments of different sizes and prices in an apartment house with indoor swimming pool, whirlpool, workout room, billard and other facilities for a week. The apartment house is called " Résidence Le Diamant " (e-mail :

residence.le.diamant@wanadoo.fr) and is located at about 800 m from the rink. The kitchens in the apartments are fully equipped (including a dishwasher). Sheets/blankets, the final cleaning and the local tax are included in the rent. The managing staff speaks English. You can pay by VISA or Mastercard. Please make your own reservation (in English) by Telefax ++33(0)476 941271. The management will then send you a rental contract which you should fill in, sign and send back. 1/3 of the rent should be paid at this time. You may authorize the management to debit your credit card by filling in the attached authorization form or send the money by bank transfer (at your own expenses).

Rent for one week in May 2002 :

Studio (1-2 pers.): 249 EURO, 2-room apartment (2-4 pers.): 306 EURO, 3room apartment (4-6 pers.): 431 EURO, 4room apartment (6-8 pers.): 511 EURO, 2-room apartment (luxé): 372 EURO.

In case of stay less than one week the following rates apply: 6 nights = 85% of the rent, 5 nights = 70%, 4 nights = 60%.

We ask for your understanding that skaters staying for one week are given priority when booking these apartments, e.g. skaters from overseas and those who enrol into the 3-day training camp which will precede the competition. According to availability other applicants will be considered. Thank you.

Payment of competition entry fee:

For all non-French skaters, we advise payment by credit card debit, because it is less expensive than money transfer. With the announcement we will send you an authorization form for debiting your credit card which we would ask you to fill in and mail back to us with your registration papers. Please note that we can only take VISA and Mastercard (no American Express cards, sorry).

We can only finally confirm your participation at the Mountain Cup 2002 some time after the registration deadline as we need 2 competitors in each category to be able to hold an event. We will inform you as quickly as possible by e-mail or by fax.

Included in the entry fee is a welcome party (and the draw !) on Thursday night, 16 May, at 19.30 hrs. Information on the location of the party will be sent to you later. We are looking forward to meeting all of you on this occasion!

Sunday Lunch:

On Sunday 19 May after the end of the competition, we would like everybody to take lunch together. This will allow us to exchange views on the competition and to meet each other off ice which, we think, is also an important aspect in adult skating. If you and accompanying persons would like to participate in this lunch, and we sincerely hope that most of you will !, please fill in the registration form that we will send by e-mail to competitors after the registration deadline. This will facilitate reservation.

Tourist Program:

For those of you who have time and are interested in exploring the region of the Vercors, we advise you to look up the homepage of the Villard tourist office at: www.ot-villard-de-lans.fr The tourist office can make arrangements for visits of sites nearby.

Other sport activities:

If you would like to bring your non-skating partner, children or other accompanying persons, there is a wide range of possibilities in the Vercors, such as mountain biking, climbing, walking, horseback riding, golf, tennis, cave exploration, paragliding, water sports and plenty more. For more information, please look up the homepage of the Villard tourist office.

Adult Training Camp :

There will be a 3-day training camp in Free Skating and Dance from Monday 13th May 2002 to Wednesday 15th May 2002 held by internationally and nationally well-known coaches. According to the number of skaters interested in this camp we will make groups according to skating levels. Our intention is to keep the numbers in the groups small to allow for a maximum benefit of participants. If you are interested in participating in this camp, please send an e-mail to barbara.standke@ill.fr

The first two camp days will be video taped. We propose to hold a video session for all camp participants followed by an informal "raclette" dinner (a local speciality) on Tuesday 14th May. You are welcome to bring your accompanying family members and friends. The price of the meal and the location will be announced on the first day of the camp.

Current:

220 V; in case you intend to use electrical devices, we recommend to bring an adapter to French plugs from your home country.

General remarks :

As the time available for the competition is limited to Friday after lunch until Sunday 12.30hrs this event has to be restricted to 150 entries (an individual competitor may enter for 2 events which means that there will be less than 150 competitor places available).

This event is very much on a "First come first served" basis, so get your entry in as soon as possible to avoid disappointment.