

**13TH ANNUAL "SPRING FLING" COMPETITION
CHEVROLET/USFSA COMPETE WITH U.S. BASIC SKILLS COMPETITION
APRIL 7TH, 2002
SPONSORED BY THE BLADE & EDGE FIGURE SKATING CLUB OF OMAHA, INC.**

Facility

Moylan Tranquility IcePlex located at 12550 West Maple, Omaha, NE. Bleacher seating is available. Concessions will be available.

Basic Skills Competition

The purpose of the following event is to promote a fun introduction to the competitive experience for the beginner skater. Skaters MUST be current eligible members of either the USFSA Basic Skills Program and/or are full members of the USFSA. The competition is open to all basic skill skaters who either are enrolled in a class program or are receiving private instruction at the Basic Skill level 1-8, Basic Skill Freeskate level 1-6, USFSA Pre-Preliminary and USFSA Preliminary skaters.

Registration

This event is scheduled for Sunday, April 7, 2002. Entry must be postmarked on or before Friday, March 15, 2002, and must include the entry fee. Late entries will be notified if accepted and charged a \$20.00 late fee. Entry fees will not be refunded after the closing date, unless no competition exists in the event or an injury will not allow the entrant to skate. If there is an injury, a written letter requesting the refund along with a doctor's letter must be in the hands of the competition committee prior to the start of the competition. All returned personal checks will be charged a \$20.00 additional fee, which must be paid along with the entry fee in cash prior to the competition.

Entry Fees

Fee	Explanation
\$25.00	Basic 8 Event – First Event
\$30.00	Freeskate 1-6 Event – First Event
\$30.00	USFSA Pre-Preliminary or USFSA Preliminary Freeskate Event – First Event
\$15.00	Each additional Event

Make checks payable to Blade & Edge FSC and mail entry form and fees to:

Barbara Bene'
1253 South 117th Street
Omaha, NE 68144
402-333-5109

The official schedule of events will be posted at the Moylan Tranquility IcePlex and Motto McLean Ice Arena. To receive a copy of the tentative competition schedule, send a legal sized self-addressed, stamped envelope with your entry form.

Registration Check In

Skaters may check in on Sunday, April 7, 2002, 1 hour prior to the start of the competition at Moylan Tranquility IcePlex. Please register upon arrival. Skaters should be at the rink at least 45 minutes prior to their scheduled event. Always check the registration desk for announcements of any possible changes.

For more information contact: Barbara Bene' (402) 333-5109, or Bev Svevad (402) 571-0779

Music

All competitors must provide their music on cassettes only. Cassettes should be of good quality with only one piece of music per cassette. Tapes should be clearly marked with the competitor's name and length. Each cassette should be preset at the beginning of the program. Cassettes must be turned in at the time of registration. A duplicate tape should be readily available during the competition. Music should be picked up at the registration desk after your event is over. The Blade & Edge FSC cannot accept responsibility for cassettes.

Awards

Each division will be divided with no more than six competitors per group and by age when applicable. All skaters will receive an appropriate award. Awards will be presented at the photographer's stand. All skaters in each group will be included in the award photo. All awards will be distributed and award pictures taken immediately following the posting of each event.

Photography

No flash photography is permitted of the skaters on the ice. Hand held video equipment is permitted in the bleacher area only. No video equipment may be plugged into the arena outlets.

BASIC 8 COMPULSORY MOVES AND FREESKATE PROGRAMS

Basic 8 Compulsory Events

Basic 8 Compulsories will be skated on ½ ice without music and must be skated in order listed. Additional elements will be penalized. Minimum connecting steps between elements. The skater will be evaluated on the elements that correspond to the test level (ie: Level 4 is Basic Skills Test 4). Time: No longer than 1 minute.

Event	Elements
Compulsory Level 1	<ol style="list-style-type: none"> 1. Forward two-foot glide. 2. Forward two-foot swizzles – 6 to 8 in a row. 3. Forward snowplow stop. 4. Backward wiggles – 6 to 8 in a row.
Compulsory Level 2	<ol style="list-style-type: none"> 1. Forward one-foot glide – either foot. 2. Backward two-foot swizzles – 6 to 8 in a row. 3. Two-foot turn in place – forward to backward. 4. Moving snowplow stop. 5. Forward alternating ½ swizzle pumps, in a straight line – across width of ice.
Compulsory Level 3	<ol style="list-style-type: none"> 1. Forward stroking. 2. Forward ½ swizzle pumps on a circle, either clockwise or counter-clockwise – 6 to 8 consecutive. 3. Moving forward to backward two-foot turn – either direction. 4. Backward one-foot glide – either foot. 5. Two-foot spin – minimum 2 revolutions.
Compulsory Level 4	<ol style="list-style-type: none"> 1. Forward outside edge on a circle – clockwise or counter-clockwise. 2. Forward crossovers – 6 to 8 consecutive – both directions. 3. Forward outside 3-turn – R and L. 4. Backward stroking. 5. Backward snowplow stop – R or L.
Compulsory Level 5	<ol style="list-style-type: none"> 1. Backward outside edge on a circle - clockwise or counter clockwise. 2. Backward crossovers – 6 to 8 consecutive – both directions. 3. One-foot spin – minimum 3 revolutions. 4. Hockey Stop. 5. Side toe hop – either direction.
Compulsory Level 6	<ol style="list-style-type: none"> 1. Forward inside 3-turn – R and L. 2. T-stop – R or L. 3. Bunny Hop. 4. Forward spiral on a straight line – R or L. 5. Lunge – R or L.
Compulsory Level 7	<ol style="list-style-type: none"> 1. Forward inside open Mohawk – R to L and L to R. 2. Ballet jump – either direction. 3. Backward crossovers to a backward outside edge landing position, clockwise and counter clockwise. 4. Forward inside pivot.
Compulsory Level 8	<ol style="list-style-type: none"> 1. Moving forward outside or forward inside 3-turn – R & L. 2. Waltz jump. 3. Mazurka – either direction. 4. Combination move: Forward crossovers (2) into forward inside Mohawk, cross behind, step into backward crossover (1) and step to forward inside edge – repeat 3 times, clockwise and counter-clockwise. 5. Beginning one-foot upright spin, optional free foot position.

Basic 8 Freeskate Events

The skating order of the required elements is optional. The elements are not restricted as to number of times element is executed, length of glides, or number of revolutions in a spin, etc., unless otherwise stated. A minimum number of connecting steps are allowed. The program may use elements from previous levels. Deductions will be made if elements from a higher level are skated. The program with music (vocal music allowed) is to be skated on full ice. The time limit is 1:00 minute +/- 10 seconds.

Event	Elements
Freeskate A – Levels 1 & 2	<ol style="list-style-type: none"> 1. Glide forward and dip. 2. Moving snowplow stop. 3. Forward two-foot swizzles. 4. Backward skating (wiggles or swizzles).
Freeskate B – Levels 3 & 4	<ol style="list-style-type: none"> 1. Backward ½ swizzle pumps on a circle, either clockwise or counter-clockwise. 2. Two-foot spin. 3. Forward crossovers-minimum of 5 consecutive, clockwise or counter-clockwise. 4. Backward one-foot glide – R or L.
Freeskate C – Levels 5 & 6	<ol style="list-style-type: none"> 1. Backward crossovers – minimum of 5 consecutive, clockwise or counter clockwise. 2. One-foot spin. 3. Bunny Hop. 4. Forward spiral on a straight line – R or L.
Freeskate D – Levels 7 & 8	<ol style="list-style-type: none"> 1. Beginning one foot spin, optional free foot. 2. Mazurka or ballet jump. 3. Waltz jump. 4. Combination move: Forward crossovers (2) into forward inside Mohawk, cross behind, step into backward crossover (1) and step to forward inside edge – repeat 3 times, clockwise and counter-clockwise.

FREESKATE COMPULSORY MOVES & FREESKATE PROGRAMS

Freestyle Compulsory Moves Events

Compulsory Moves will be skated on ½ ice without music. The specified moves may be done in any order but must be skated exactly as described. Qualifications are the same as Freestyle. Additional elements will not be judged and deductions will be made if elements from a higher test level are skated in the program. Time: 1:00 minute.

Event	Elements
Low Beginner USFSA Freestyle 1-3	Split or Half Flip Jump, Forward Lunge, Waltz Jump, Upright Spin on 1 or 2 feet with a minimum of 3 revolutions.
High Beginner USFSA Freestyle 4-6	Toe Loop, Salchow, Forward Spiral, 1 foot Upright Spin with a minimum of 3 revolutions.
Pre-Preliminary	Loop, Salchow, Forward Outside Spiral, 1 foot Back Spin (Minimum 3 revolutions), connecting steps.
Preliminary	Combination jump consisting of 2 single jumps, Flip, Sit Spin (Minimum 3 revolutions), Forward Inside Spiral, connecting steps.

Freestyle Events

Freestyle program will be skated on full ice with music (no words). Skater may skate up 1 level higher than the Freestyle test passed as of the entry deadline, March 15, 2002.

Event	Elements
Low Beginner USFSA Freestyle 1-3	A well-balanced program containing elements in Free Skate 1-3 plus any additional elements from a Basic Skills level. Limited to ½ jumps, toe loop, salchow and upright spins. NO AXEL OR DOUBLE JUMPS. Program to be skated on full ice with music. <u>Deductions will be made if elements from a higher test level are skated in the programs at the Beginner Levels.</u> Time: 1-1:30 minutes.
High Beginner USFSA Freestyle 4-6	A well-balanced program containing elements in Free Skate 4-6 plus any additional elements from previous Free Skate or Basic Skills levels. NO AXEL OR DOUBLE JUMPS. Program to be skated on full ice with music. <u>Deductions will be made if elements from a higher test level are skated in the programs at the Beginner Levels.</u> Time: 1-1:30 minutes.
Low Pre-Preliminary	Pre-Preliminary freestyle. May contain any ½ revolution jumps, single jumps, combination jumps and spins in any position. LOW: MAY NOT CONTAIN AXELS OR DOUBLE JUMPS. Time: 1:30 minutes.
High Pre-Preliminary	Pre-Preliminary freestyle. May contain any ½ revolution jumps, single jumps, combination jumps and spins in any position. HIGH: MAY CONTAIN AXEL BUT NO DOUBLE JUMPS OR FLYING SPINS. Time: 1:30 minutes.
Preliminary	Preliminary freestyle. Axel plus up to 2 different double jumps which can be repeated in combination or sequence. Per 2002 Official USFSA Rulebook SSR 4.07. Time: 1:30 minutes.

Artistic Events

Qualifications are the same as Freeskate. Limitations will apply to Artistic. Skaters will select their own music (vocal music permitted) and must interpret the theme and tempo of the music. Artistic expression and musical interpretation are the major elements being judged. Appropriate costumes are encouraged but not required. Props may be used if they can be placed and removed by the skater in 30 seconds, and do not present a danger to the skater. All props must be inanimate objects.

Event	Time
Low Beginner USFSA Freeskate 1-3	Time: 1:30 minutes or less.
High Beginner USFSA Freeskate 4-6	Time: 1:30 minutes or less – NO AXEL OR DOUBLE JUMPS.
USFSA Low Pre-Preliminary	Time: 1:30 minutes – NO AXEL OR DOUBLE JUMPS. Must have passed NO Higher than USFSA Pre-Preliminary test.
USFSA High Pre-Preliminary	Time: 1:30 minutes – MAY CONTAIN AXEL BUT NO DOUBLE JUMPS OR FLYING SPINS. Must have passed NO Higher than USFSA Pre-Preliminary test.
USFSA Preliminary Artistic	Time: 1:30 minutes Must have passed NO Higher than USFSA Preliminary test.

“SPRING FLING” COMPETITION ENTRY FORM

APRIL 7, 2002

NAME _____ HOME CLUB _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

HOME PHONE _____ WORK PHONE _____

BIRTH DATE _____ AGE _____ MALE _____ FEMALE _____ USFSA# _____

HIGHEST TEST PASSED: BASIC 8 _____ FREESKATE _____

COACH'S NAME _____ PHONE NUMBER _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PLEASE CIRCLE EVENTS YOU WISH TO ENTER

BASIC 8 COMPULSORIES

COMPULSORY LEVEL 1
COMPULSORY LEVEL 2
COMPULSORY LEVEL 3
COMPULSORY LEVEL 4
COMPULSORY LEVEL 5
COMPULSORY LEVEL 6
COMPULSORY LEVEL 7
COMPULSORY LEVEL 8

BASIC 8 FREESKATE PROGRAM

FREESKATE PROGRAM “A”
FREESKATE PROGRAM “B”
FREESKATE PROGRAM “C”
FREESKATE PROGRAM “D”

FREESKATE COMPULSORIES

LOW BEGINNER COMPULSORY
HIGH BEGINNER COMPULSORY
PRE-PRELIMINARY COMPULSORY
PRELIMINARY COMPULSORY

FREESKATE PROGRAM

LOW BEGINNER FREESKATE
HIGH BEGINNER FREESKATE
LOW PRE-PRELIMINARY FREESKATE
HIGH PRE-PRELIMINARY FREESKATE
PRELIMINARY FREESKATE

ARTISTIC PROGRAM

LOW BEGINNER ARTISTIC
HIGH BEGINNER ARTISTIC
LOW PRE-PRELIMINARY ARTISTIC
HIGH PRE-PRELIMINARY ARTISTIC
PRELIMINARY ARTISTIC

Category	Rate	Events Entered	Total
Basic 8 Event	\$25.00		
Low/High Beginner	\$30.00		
Pre-Preliminary/ Preliminary Event	\$30.00		
Each Additional Event	\$15.00		
Make checks payable to: Blade & Edge FSC		Grand Total:	

Mail Entries to:

Barb Bene'
1253 South 117th Street
Omaha, NE 68144

The undersigned approves of the entry and agrees to hold harmless the USFSA, the Blade & Edge FSC and/or the Moylan Tranquility IcePlex from any and all loss, damage, and/or injury that any be sustained by the entrant in any manner while participating in any activity of said competition.

COMPETITOR SIGNATURE: _____

PARENT OR GUARDIAN SIGNATURE: _____

I certify that this skater is at the correct level of competition.

INSTRUCTOR'S SIGNATURE _____

ALL ENTRIES MUST INCLUDE SIGNATURES, BIRTH DATE AND TEST LEVEL

**BLADE & EDGE FIGURE SKATING CLUB'S SWEATSHIRT ORDER FORM
13TH ANNUAL "SPRING FLING" COMPETITION**

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE (_____) _____

SWEATSHIRTS WILL BE SOLD ON PRE-ORDERS ONLY

Youth Small (6-8)	Adult Small
Youth Medium (10-12)	Adult Medium
Youth Large (14-16)	Adult Large
	Adult X-Large

Total Number Ordered _____ @ \$22.50 = \$ _____
(Payment must accompany order)

Checks Payable to: Blade & Edge FSC

Mail to: Barb Bene'
1253 South 117th Street
Omaha, NE 68144

Questions: Barb Bene'.....333-5109
Bev Svevad.....571-0779